



## THREE SPORTS TOURS TO EXPLORE LAKE GARDA!

Every day a new place, every day a different hotel,  
every day a new adventure.

With our **luggage transportation service**  
it is easy to move from place to place!

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# 1° TOUR COAST TO COAST

Basic level

4 NIGHTS | 5 DAYS



The tour is led by local guides who will make you enjoy the beauty of Lake Garda from a new point of view.

## DAY 1 → ARRIVAL

Arrival in Garda/Bardolino, check-in in the Hotel, dinner and overnight stay.

## DAY 2 → TREKKING 10 KM

Breakfast at the hotel and check-out. Hike along an old trail running alongside the Olive Riviera among olive trees and wild woods with enchanting views of the lake. Lunch in a typical restaurant serving home-cooked food. Visit of the ancient hamlet of Crero, arrival in Torri del Benaco, dinner in the hotel and overnight stay.

**OR**

## DAY 2 → E-BIKE 15 KM

Breakfast at the hotel and check-out. Easy bike ride along an old trail running alongside the Olive Riviera among olive trees and wild woods with enchanting views of the lake. Lunch in a typical restaurant serving home-cooked food. Visit of the ancient hamlet of Crero, arrival in Torri del Benaco, dinner in the hotel and overnight stay.

## DAY 3 → FERRY AND TREKKING 10 KM

Breakfast at the hotel and check-out. Route by ferry to cross the lake until Portese. Check-in in the hotel and departure for a hike to visit the Rocca of Manerba going through the surrounding Nature Reserve. Lunch in a typical restaurant. Return to the hotel, dinner and overnight stay.

## DAY 4 → FERRY AND TREKKING 8 KM

Breakfast at the hotel, check-out. Arrival in Garda by ferry, check-in in the hotel. Departure from the hotel to visit the Rocca of Garda, a protected and uncontaminated place just two steps from the lake. Lunch in a typical winery. Return to the hotel, dinner and overnight stay.

## DAY 5 → DEPARTURE

Breakfast at the hotel and check-out.

The price includes: 4 nights with half board, extra lunches in typical restaurants (drinks extra), luggage transport service and ferry ride, specialized guides (hike, bike).

COAST TO COAST HIKE 4 PAX from €	COAST TO COAST E-BIKE 4 PAX from €	COAST TO COAST HIKE 8 PAX from €	COAST TO COAST E-BIKE 8 PAX from €
530,00	600,00	425,00	480,00



## 2° TOUR MOUNTAIN TO MOUNTAIN

Intermediate level, not for everyone

4 NIGHTS | 5 DAYS



The tour is led by local guides who will make you enjoy the beauty of Lake Garda's inland.

### DAY 1 → ARRIVAL

Arrival in San Zeno di Montagna, check-in in the hotel and overnight stay.

### DAY 2 → TREKKING 18 KM

Breakfast at the hotel and check-out. Transfer to Prada Alta (1060 asl). Hike along a natural and panoramic trail until the area Due Pozze (1337 asl). From above you can enjoy a 360° panorama of the entire lake Garda, a unique experience. Lunch in a traditional mountain cabin (Baita) and continuation on a panoramic trail along ancient mountain huts until the village of Spiazzi (850 asl). Check-in in the hotel, dinner and overnight stay.

### DAY 3 → TREKKING 12 KM

Breakfast at the hotel and check-out. Transfer to Ferrara di Monte Baldo from where the trail crossing the Vaio dell'Orsa departs, well known to Canyoning lovers for its beauty. Visit of the Sanctuary of Madonna della Corona. Packet lunch. Descent to Brentino. Check-in in the hotel, dinner and overnight stay.

### DAY 4 → RAFTING

Breakfast at the hotel and check-out. Rafting day along the river Adige, to admire the surroundings from a different perspective.

Lunch in a typical winery. Return to the first hotel, check-in, dinner and overnight stay.

### DAY 5 → DEPARTURE

Breakfast at the hotel and check-out.



MOUNTAIN  
TO MOUNTAIN  
4 PAX from €

480,00

The price includes: 4 nights with half board, extra lunches in typical restaurants (drinks extra), luggage transport service and transfer, specialized guides (hike and rafting).

MOUNTAIN  
TO MOUNTAIN  
8 PAX from €

380,00



# 3° TOUR MOUNTAIN TO LAKE

Trekking + biking - high level

4 NIGHTS | 5 DAYS



The tour is led by local guides who will show you Lake Garda at every altitude, from the crest of the majestic Monte Baldo to its summit (2218 m.) until descending to the shore and bike along the lake coast with powerful e-bikes.

## DAY 1 → ARRIVAL

Arrival in the hills of Garda (area Costermano), check-in in the hotel and overnight stay.

## DAY 2 → TREKKING 5 HOURS, difference in altitude 900 m

Breakfast at the hotel and check-out. Transfer to Prada Alta (1060 asl). Hike along a natural and panoramic trail until the area Due Pozze (1337 asl). From above you can enjoy a 360° panorama of the entire lake Garda, a unique experience. Lunch in a traditional mountain cabin (Baita) and continuation towards the hut Rifugio Chiarego, from where you can access the crest of the mountain. Aperitif while waiting for a magical sunset. Dinner at the hut and overnight stay.

## DAY 3 → TREKKING 6 HOURS, difference in altitude 500 m

Breakfast at the mountain hut and check-out. Tour on the summits of Monte Baldo along old warpaths where you can still see the ancient trenches and bunker. A tour accompanied by silence and by a breath-taking view. The sight embraces the entire region, from the Val d'Adige to lake Garda, and reaches the far-away peaks of Monte Bianco and Monte Rosa. Arrival in Tratto

Spino. Lunch in a mountain cabin and descent to Malcesine with the panoramic cable-car. Check-in in the hotel, dinner and overnight stay.

## DAY 4 → E-BIKE 6 HOURS, 51 Km

Breakfast at the hotel and check-out. E-bike tour that goes along an old hiking trail until Garda, the 'Percorso del Pellegrino' (the pilgrim route), which runs alongside the Olive Riviera among olive trees and wild woods with enchanting views of the lake. Lunch in a typical restaurant serving home-cooked food. The tour comprises the most beautiful villages of the lake, Garda, Bardolino, Lazise and ends in the hills above Garda.

## DAY 5 → DEPARTURE

Breakfast at the hotel and check-out.

MOUNTAIN  
TO LAKE  
4 PAX from €

660,00

The price includes: 4 nights with half board, extra lunches in typical restaurants (drinks extra), luggage transport service and cableway ride, specialized guide (hike and bike).

MOUNTAIN  
TO LAKE  
8 PAX from €

525,00